Dear Parents, Students and Staff!

March is Nutrition Month!  Please see the attached informative newsletter on tips to celebrate and enjoy healthy eating!

Wishing you all a Healthy Nutriton Month!

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Chers parents, élèves et membres du personnel!

Mars est le mois de la nutrition! Veuillez consulter notre bulletin d'information ci-joint qui renferme des conseils pour célébrer et goûter les plaisirs d’une saine alimentation!

On vous souhaite un mois de la nutrition sain et savoureux!

[Nutrition Month Newsletter ENG.pdf](http://track.spe.schoolmessenger.com/f/a/BmK2TBH-FUaHZhAIGxIImw~~/AAAAAQA~/RgRiLKZkP0R0aHR0cHM6Ly9tc2cuc2Nob29sbWVzc2VuZ2VyLmNhL20vP3M9Y196WThtOXlDMnMmbWFsPTNmMTYxYjUwZTc0ODA3ZTA4Yjc1M2VkNGZmMzY2OGIyZThlY2VjN2ZjY2Y5OGU5NmZmN2M2M2NiNGFkMDA3ZTVXB3NjaG9vbG1CCmBH5HJLYJ7CBXlSEnNkdWZvcnRAZW1zYi5xYy5jYVgEAAAAAg~~)

[Nutrition Month Newsletter FR.pdf](http://track.spe.schoolmessenger.com/f/a/sQvpf3-Be4u2yJt90SazVQ~~/AAAAAQA~/RgRiLKZkP0R0aHR0cHM6Ly9tc2cuc2Nob29sbWVzc2VuZ2VyLmNhL20vP3M9Y196WThtOXlDMnMmbWFsPWI5ODdmMTY2NTUzYzBhMjRhMDI3NzdjNzdkMWUwNDZjYmZlNGU1OTM4YmI1ZTg5Y2E2Y2NkMTNmNTQ5MDBjOTFXB3NjaG9vbG1CCmBH5HJLYJ7CBXlSEnNkdWZvcnRAZW1zYi5xYy5jYVgEAAAAAg~~)